What is claimed is:

1. A compound 8 to 50 nucleobases in length targeted to a nucleic acid molecule encoding short heterodimer partner-1, wherein said compound specifically hybridizes with and inhibits the expression of a nucleic acid molecule encoding short heterodimer partner-1.

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- 2. The compound of claim 1 which is an antisense oligonucleotide.
- 3. The compound of claim 2 wherein the antisense oligonucleotide has a sequence comprising SEQ ID NO: 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 66, 71, 73, 74, 78, 79, 85, 86, 87, 88 or 89.

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- 4. The compound of claim 2 wherein the antisense oligonucleotide comprises at least one modified internucleoside linkage.
- 5. The compound of claim 4 wherein the modified internucleoside linkage is a phosphorothicate linkage.
 - 6. The compound of claim 2 wherein the antisense oligonucleotide comprises at least one modified sugar moiety.

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- 7. The compound of claim 6 wherein the modified sugar moiety is a 2'-0-methoxyethyl sugar moiety.
- 8. The compound of claim 2 wherein the antisense oligonucleotide comprises at least one modified nucleobase.

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- 9. The compound of claim 8 wherein the modified nucleobase is a 5-methylcytosine.
- 10. The compound of claim 2 wherein the antisense 5 oligonucleotide is a chimeric oligonucleotide.
 - 11. A compound 8 to 50 nucleobases in length which specifically hybridizes with at least an 8-nucleobase portion of an active site on a nucleic acid molecule encoding short heterodimer partner-1.
 - 12. A composition comprising the compound of claim 1 and a pharmaceutically acceptable carrier or diluent.
- 13. The composition of claim 12 further comprising a colloidal dispersion system.
 - 14. The composition of claim 12 wherein the compound is an antisense oligonucleotide.
 - 15. A method of inhibiting the expression of short heterodimer partner-1 in cells or tissues comprising contacting said cells or tissues with the compound of claim 1 so that expression of short heterodimer partner-1 is inhibited.
 - 16. A method of treating an animal having a disease or condition associated with short heterodimer partner-1 comprising administering to said animal a therapeutically or prophylactically effective amount of the compound of claim 1 so that expression of short heterodimer partner-1 is inhibited.
- 17. The method of claim 16 wherein the condition 35 involves abnormal lipid metabolism.

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- 18. The method of claim 16 wherein the condition involves abnormal cholesterol metabolism.
- 19. The method of claim 16 wherein the condition is 5 atherosclerosis.
 - 20. The method of claim 16 wherein the disease is cardiovascular disease.